

# November 2022



**THÁNG 11**  
**CẦU NGUYỆN**  
*cho các*

*Linh Hồn*



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30	31	1 <b>ALL SAINTS DAY</b> Pray to your patron saint, asking for guidance to live a life towards sainthood	2 <b>ALL SOULS DAY</b> Visit a cemetery or church and pray for the deceased <b>souls in purgatory</b>	3 Pray for linh hồn <b>LM Giuse Trần Xuân Lãm (Ottawa/Toronto - 2021)</b>	4 Pray for linh hồn <b>Thầy Trợ Úy Giuse Nguyễn Hoàng Điệp (Montreal - 2016)</b>	5 Pray for linh hồn <b>Trưởng Đaminh Nguyễn Đình Dũng (Winnipeg - 1996)</b>
6 Pray for linh hồn <b>Trưởng Dominicô Trần Quang Anh (Montreal-2012)</b>	7 Pray for linh hồn <b>Trưởng Hilariô Trần Bá Vương (Winnipeg - 2012)</b>	8 Pray for linh hồn <b>Trưởng Têrêsa Phạm Kim Oanh (Winnipeg -2015)</b>	9 Pray for linh hồn <b>Trưởng Dominicô Phùng Văn Phúc Nhật (Montreal/Toronto - 2020)</b>	10 Pray for linh hồn <b>Trưởng Giuse Nguyễn Đăng Khoa (Edmonton - 2022)</b>	11 Cầu nguyện cho những người <b>BỐ</b> của những thành viên của PT đã qua đời	12 Cầu nguyện cho những người <b>MẸ</b> của những thành viên của PT đã qua đời
13 Choose a Vietnamese Martyr and read upon their life story	14 Pray to your guardian angel, asking for guidance and intercession.	15 Constantly pray the Jesus Prayer throughout your day: "Lord Jesus Christ, Son of the living God, have mercy on me, a sinner."	16 Go to adoration or visit a church or cemetery	17 Make an intentional act of sacrifice, offering it for the souls in purgatory	18 Invite a friend to visit a church, cemetery or engage in a spiritual activity	19 Go to confession to reconcile with God

<p style="text-align: right;">20</p> <p>Pick a Saint from the Saint Name Generator and read about their life</p>	<p style="text-align: right;">21</p> <p>Recall a hardship during the day and offer it up for the souls in purgatory</p>	<p style="text-align: right;">22</p> <p>Read 1Peter 1:13-16 and reflect on the universal call to holiness</p>	<p style="text-align: right;">23</p> <p>Increase your time in prayer... (Pray a full rosary, give thanks to God, spend time in silence..etc.)</p>	<p style="text-align: right;">24</p> <p>Help someone who is less fortunate than you.</p>	<p style="text-align: right;">25</p> <p>Pray the "Divine Mercy" and reflect upon your call to holiness through God's merciful love</p>	<p style="text-align: right;">26</p> <p>Reach out to someone you have not had the chance to for some time</p>
<p style="text-align: right;">27</p> <p>Light a votive candle, praying for the soul of a loved one</p>	<p style="text-align: right;">28</p> <p>Prayerfully recite a decade of the rosary, recalling a name of deceased with every "Hail Mary"</p>	<p style="text-align: right;">29</p> <p>Pay attention to small tasks you can offer for souls in purgatory throughout your day</p>	<p style="text-align: right;">30</p> <p>Read 1Timothy 4:8 and reflect on the afterlife</p>	<p style="text-align: right;">1</p>	<p style="text-align: right;">2</p>	<p style="text-align: right;">3</p>